



# Birthing FROM WITHIN

## THE ART OF CHILDBIRTH MENTORING

*Learn to Teach Parents Holistic Preparation for Birth*

MARCH 12, 13, 14, 2010  
TORONTO, CANADA  
VIVACE STUDIOS

**Discounted Registration: \$399 before February 12**

*Late Registration: \$450 on/after February 12*

**BIRTHING FROM WITHIN** offers **innovative and compassionate** ways to help parents deeply and **dynamically prepare for birth & parenting**. This workshop is an introduction to the philosophy and processes of **BIRTHING FROM WITHIN**, designed for midwives, doulas, nurses, mothers, childbirth educators, therapists, and yoga teachers who want to **empower parents** to experience a **“birth from within.”** Learn to teach a **BIRTHING FROM WITHIN** childbirth class, and come away with insights and practical skills that will **immediately make a difference** for women and their partners.

### **YOU WILL:**

- **Learn and Practice Effective Listening**
  - **Reclaim the Forgotten Skills of Mentoring**
- **Renew and Deepen your Birth Passion**
  - **Go Beyond What You Already Know**

For more information on our events, programs and fees, and to register:

[www.BirthingFromWithin.com](http://www.BirthingFromWithin.com)  
[contact@birthingfromwithin.com](mailto:contact@birthingfromwithin.com)  
805-964-6611

*Are YOU ready to  
change birth  
in our culture?*

*Join us for a  
revolutionary  
life-changing  
three-day workshop!*

*Discover new ideas  
resources and  
inspiration...*

Your **Birthing From Within Facilitators** are experienced, lively, warm, and effective **Certified Mentors & Doulas** who are personally selected and extensively trained by **Pam England** to deliver this innovative, dynamic, and deeply personal approach.



Virginia Bobro

Completion of this workshop satisfies the **FIRST** requirement of becoming a **BIRTHING FROM WITHIN** Mentor and/or Doula. Anyone who works with expectant or new parents is welcome to attend for their own personal growth, without any obligation to enroll in our in-depth and unique certification programs.

*Approved for 21.5 contact hours from the  
CA Board of Registered Nursing, Provider #12800*